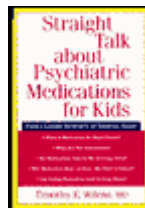
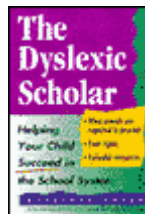
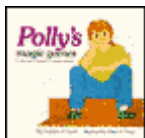
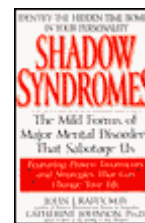
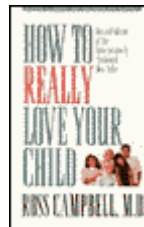
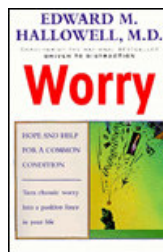
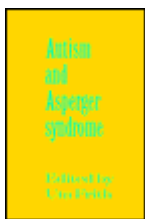
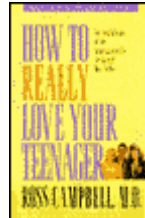
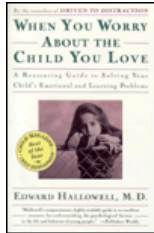
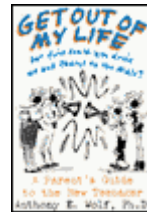


CHILDREN'S RESOURCE GROUP
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RECOMMENDED READING LIST
 (Updated 02/05/2008)



GENERAL PARENTING

1-2-3 Magic: Effective Discipline for Children 2-12. Thomas W. Phelan. Child Management, Inc., 1996.

Behavior Problems in Preschool Children. Susan B. Campbell. The Guildford Press, 2002.

Now available at CRG. \$40.00

Bully Busters: A Teacher's Manual for Helping Bullies, Victims, and Bystanders. Newman, Horne, and Bartolomucci. Reaseach Press, 2000.

Now available at CRG. \$29.95

Get Out of My Life – But First Could You Drive Me and Cheryl to the Mall? A Parent's Guide to the New Teenager. Anthony E. Wolf. Farran Straus & Giroux, 1991.

It's Nobody's Fault: New Hope and Help for Difficult Children. Harold S. Koplewicz.

Kids, Parents, and Power Struggles: Winning for a Lifetime. Mary Sheedy Kurcinka. 2001.

Kids in the Syndrome Mix of ADHD, LD, Asperger's, Tourette's, Bipolar and More! Martin L. Kutscher, M.D. Jessica Kingsley Publishers, 2005.

Mad Isn't Bad: A Child's Book about Anger. Michaelene Mundy. Abbey Press, 1999.

Raising Twins: What Parents Want to Know and What Twins Want to Tell Them. Eileen M. Pearlman and Jill Ganon. 2000.

Raising Your Spirited Child: A Guide for Parents Whose Child is More Intense, Sensitive, Perceptive, Persistent, and Energetic. Mary Sheedy Kurcinka. 1992.

Reviving Ophelia: Saving the Selves of Adolescent Girls. Mary Pipher. Ballantine Books, 1995.

Shadow Syndromes. John Ratey and Catherine Johnson. Bantam Books, 1998.

Siblings Without Rivalry: How to Help Your Children Live Together So You Can Too. Adele Faber and Elaine Mazlish. 1998.

The Explosive Child. Ross Greene. Harper-Collins. 1998.

The Strong-Willed Child. James Dobson. Tyndale House, 1992.

When Your Child Has a Disability. Mark L. Batshaw, M.D. Paul H. Brookes Publishing Co., 2001.

Now available at CRG. \$22.95

When You Worry About the Child You Love: Emotional and Learning Problems in Children. Edward Hallowell. DIANE Publishing Co., 1999.

Yes, Your Teen Is Crazy. Michael Bradley. Harbor Press, 2001.

ATTENTION-DEFICIT HYPERACTIVITY DISORDER

A Bird's-Eye View of Life with ADD and ADHD: Advice from Young Survivors. Chris A. Zeigler Dendy and Alex Zeigler. Cherish the Children (www.chrisdendy.com), 2003.

ADD and the College Student: A Guide for High School and College Students with Attention Deficit Disorder. Edited by Patricia O. Quinn, M.D. Magination Press, 2001

ADHD and the Nature of Self-Control. Russell A. Barkley, Guilford Press, 1997.

Answers to Distraction. Edward Hallowell. Bantam, 1996.

Delivered from Distraction: Getting the Most out of Life with Attention Deficit Disorder. Edward Hallowell and John Ratey. Ballantine Books, 2005.

Driven to Distraction. Edward Hallowell and John Ratey. Simon and Schuster, 1995.

Healing ADD: The Breakthrough Program that Allows You to See and Heal the Six Types of ADD. Daniel Amen. 2001.

Putting on the Brakes: Young People's Guide to Understanding ADHD. Patricia Quinn and Judith Stern. Magination Press, 1991.

Taking Charge of ADHD. Russell A. Barkley. The Guilford Press, 2000.

Teenagers with ADD: A Parents' Guide. Chris A. Zeigler Dendy. Woodbine House, 1995.

Understanding Girls with ADHD. Nadeau, Littman, and Quinn. Advantage Books, 1999.

Understanding Women with ADHD. Kathleen G. Nadeau, Ph.D and Patricia O. Quinn, M.D. Advantage Books, 2002.

Recommended websites:

Children and Adults with Attention Deficit/Hyperactivity Disorder
www.chadd.org

National Resource Center on ADHD
www.help4adhd.org

ADDvance
www.addvance.com

ANXIETY, DEPRESSION AND BIPOLAR / MOOD DISORDERS

An Unquiet Mind: A Memoir of Moods and Madness. Kay Redfield Jameson. Vintage Books, 1995.

Bipolar Disorder in Childhood and Early Adolescence. Barbara Geller and Melissa Delbello. Guilford Press, 2003.

Brain Lock: Free Yourself from Obsessive Compulsive Behavior: A Four-Step Self-Treatment Method to Change Your Brain Chemistry. Jeffery M. Schwartz. 1997.

Depression: Challenge the Beast Within Yourself and Win. Cait Irwin. AVI Communications, 1998.

Everything In Its Place. Marc Summers. Penguin Putnam, 1999.

Helping Your Anxious Child: A Step-by-step guide for parents. Ronald Rapee, et.al. New Harbinger, 2000.

If Your Child Has Depression or Bipolar Disorder. Dwight L. Evans and Linda Wasmer Andrews. Oxford University Press, 2006.

Kissing Doorknobs. T. S. Hesser. Delacort Press, 1998.

Lonely, Sad, and Angry: A Parents' Guide to Depression in Children and Adolescents. Barbara Ingersoll and Sam Goldstein. Doubleday, 1995.

Polly's Magic Games: A Child's View of Obsessive-Compulsive Disorder. Constance Foster. Dilligaf Publisher, 1994.

Raising a Moody Child: How to Cope with Depression and Bipolar Disorder. Mary Fristad and Jill Goldberg Arnold. Guilford Press, 2004

Shadow Syndromes. John J. Ratey, M.D. and Catherine Johnson, Ph.D. Oxford University Press, Inc., 1990.

Survival Strategies for Parenting Children with Bipolar Disorder. George T. Lynn. Jessica Kingsley Publishers, 2000.

The Bipolar Child: The Definitive and Reassuring Guide to Childhood's Most Misunderstood Disorder. Demitri and Janice Papolos. Broadway Books, 2000.

The Bipolar Disorder Survival Guide: What You and Your Family Need to Know. David J. Miklowitz. The Guilford Press, 2002.

The Boy Who Couldn't Stop Washing: The Experience and Treatment of Obsessive Compulsive Disorder. Judith Rappaport. 1997.

Touched with Fire: Manic Depressive Illness and the Artistic Temperament. Kay Redfield Jameson. 1996.

Worry: Hope and Help for a Common Condition. Edward Hallowell. Random House, 1998.

Recommended websites:

Child and Adolescent Bipolar Foundation
www.bpkids.org

GRIEF / LOSS

Fire in My Heart, Ice in My Veins: A Journal for Teenagers Experiencing Loss. Enid Samuel Traisman. Centering Corporation, 1992.

Night Falls Fast: Understanding Suicide. Kay Redfield Jamison. Vintage Books, 1999.

No Voice is Ever Wholly Lost. Louise J. Kaplan. 1995.

Parenting Through Crisis: Helping Kids in Times of Loss, Grief, and Change. Barbara Coloroso. 2001.

LEARNING DISORDERS

Diagnosing Learning Disorders: A Neuropsychological Framework. Bruce F. Pennington. Guilford Press, 1991.

Overcoming Dyslexia. Sally Shaywitz. Random House, 2003

The Dyslexic Scholar: Helping Your Child Succeed in the School System. Kathleen Nosek. Taylor Publishing, 1995.

The LD Child and the ADHD Child: Ways Parents and Professionals Can Help. Suzanne Stephens. Linguisystems (1-800-776-4332), 1997.

Understanding Dyslexia: A Practical Approach for Parents and Teachers. Anne Marshall Huston. Madison Books, 1992.

Dyslexia. Alvin Silverstein, Virginia Silverstein, and Laura Silverstein Nunn. My Health, 2001.

Recommended websites:

LD Online
www.ldonline.org

MENTAL RETARDATION

Mental Retardation: Nature, Cause, and Management. 3rd Edition. George S. Baroff. Brunner/Mazel, 1999.

NONVERBAL LEARNING DISORDERS

NVLD at Home. Pam Tanguay. Taylor and Francis, 2001.

Nonverbal Learning Disabilities at School. Sue Thompson and Pamela Tanguay. Jessica Kingsley Publishers, 2002

The Source for Nonverbal Learning Disorders. Sue Thompson. Linguisystems, 1997.

PERVASIVE DEVELOPMENTAL DISORDERS / AUTISM

Asperger's Syndrome. Tony Attwood. Jessica Kingsley Publishers, 1998.

Autism: Explaining the Engima. Uta Frith. Blackwell Publishers, 1992.

Autism: The Facts. S. Baron-Cohen and P. Bolton. Oxford University Press, 1993.

Autism / Asperger's: Solving the Relationship Puzzle. Steven E. Gutstein. Future Horizons, 2001.

Autism and Asperger Syndrome. Uta Frith. Cambridge University Press, 1991.

Behavioral Intervention for Young Children with Autism: A Manual for Parents and Professionals. Catherine Maurice. Pro-Ed, 1996.

Pervasive Developmental Disorder: An Altered Perspective. Barbara Quinn, Anthony Malone. Jessica Kingsley Publishers, 2000.

Pervasive Developmental Disorders: Finding a Diagnosis and Getting Help. Mitzi Waltz. O'Reilly, 1999.

Relationship Development Intervention with Children, Adolescents and Adults: Social and Emotional Development Activities for Asperger's Syndrome, Autism, PDD and NLD. Steven Gutstein and Rachelle Sheely. Jessica Kingsley Publishers.

Seige: The First Eight Years of an Autistic Child. Clara Claiborn Park. Little, Brown & Co., 1982.

The World of the Autistic Child. Bryna Siegel. New York: Oxford Press, 1996.

Understanding and Teaching Children with Autism. R. Jordan and S. Powell. Wiley, 1995.

Understanding the Nature of Autism. Janice Janzen. Therapy Skill Builders (1-800-228-0752), 1996.

Recommended websites:

O.A.S.I.S.

www.udel.edu/bkirby/asperger

MEDICATION

Straight Talk About Psychiatric Medications for Kids. Timothy Wilens. Guilford Press, 2006.

Taking the Mystery Out of Medications in Autism / Asperger Syndromes. Luke Tsai, M.D. Future Horizons, 2001.